



MARCH 2023

COUNSELING UPDATE

NOUVEL CATHOLIC CENTRAL HIGH SCHOOL MONTH IN REVIEW:

March has been quite a month! Along with preparing student schedules, we have worked with rising 9th graders and their families to transition to the high school for the 2023-2024 school year. In addition, we have been doing so much behind the scenes work in preparing for Spring standardized testing, which is right around the corner!

SUICIDE PREVENTION

On March 29 and March 30, alongside medical students, licensed clinicians, factory workers, and more, 7 members of our Nouvel community invested in a 2-day training addressing a challenging, but prevalent need in our community - suicide prevention. Participants stepped out of their comfort zones and spent 16 hours listening, learning, practicing, and reflecting. As a result of their hard-work and dedication, our Nouvel community has 7 new ASIST certified members!

The Applied Suicide Intervention Skills Training (ASIST) is an evidence-based suicide first aid model. The ASIST model is widely used by healthcare providers and mental health practitioners, but does not require any formal credentials or education. ASIST "teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety."



Nouvel participants include: Jill Schlicker (3rd Grade), Dave Boswell (4th grade), Kayla Gauthier (Middle School), Jenelle Watrous (Guidance Office Professional), Kerri Boros (Counselor), Stacy Lopez (Nouvel parent), and Krista Willert (Nouvel parent/Diocese).

If you would like to learn more or are interested in training opportunities like this one, check out training opportunities here: [Living Works Training](#).

Want to support suicide awareness and prevention in a different way? Join Mrs. Boros in the Walk for Hope on Sunday, August 6. All proceeds benefit the Barb Smith Suicide Resource & Response Network. Register HERE: [Walk for Hope Registration](#)



Save the Date

APRIL 2023

- 18 Juniors - M-STEP
- 19 Juniors - M-STEP (Make-up)
- 25 PSAT and SAT (9th-11th Grade)
- 27 Juniors - Work Keys

We are Nouvel Catholic Central, called by Christ to learn, love, and lead... courageously.

SCHOLARSHIP OPPORTUNITIES

- [K of C Scholarship](#) due 04/05/23
- [Sandy Mazur/Spherion](#) due 04/30/23
- [Michigan Retailers Association](#) due 04/01/23
- **NEW:** [Hemlock Business Association](#) due 04/14/23
- **NEW:** [Michigan Sugar Queen Scholarship](#) due 04/21/23
- **NEW:** [Julie N. \(Smith\) Baranyai Scholarship](#) due 04/01/23

Class of
2023

NOUVEL CARES

Did you know that Nouvel has a streamlined way of reporting concerns to administration? By visiting the [Nouvel Cares page](#) on our website, you can submit information that will help us keep our school, students, and community safe.

Our school administration works very closely with local authorities to ensure student and staff safety on both of our campuses. We all play a role in maintaining a safe school environment. Students, staff and families are encouraged to be observant and report anything that is heard/seen that might seem suspicious, unsafe or alarming. Providing information that may prevent harm through a trusted adult or resource can make an astounding difference. We encourage our community to communicate directly with a building administrator or submit via our online reporting form. Reports can be submitted anonymously or with your contact information for follow-up from administration. Reports are sent directly to Mrs. Kaul, Mr. Decuf, Mrs. Colucci, and Mrs. Boros.

Nouvel Cares

MENTAL HEALTH RESOURCES

With an increased demand for mental health resources, support services, and care, finding exactly what you're looking for can seem nearly impossible. Google searching can be exhausting and figuring out where to start is half of the battle! Whether you are searching for a licensed therapist, looking for educational resources, or need help paying for services MI Hope Portal offers it all!



Hope Portal, powered by 211, is a web-based resource, connecting people to the help they need.